

Alex & Me

FAMILY GOAL CHART

In *Alex & Me*, Reagan uses her goal chart to keep track of her daily soccer drills and track progress as she learns new moves. Goal charts can be used for accomplishing all of life goals, whether they are short term or long term. Keep track of your goals by day and mark them off as you complete them!



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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